

## ***The Most Holy Body and Blood of Christ***

***June 22, 2025***

[A]s often as you eat this bread and drink this cup,  
you proclaim the death of the Lord until he comes.

-- 1 Corinthians 11:26



**Daily Mass**

**Week of June 23<sup>th</sup> – 27<sup>th</sup>**

Monday: 8:00 Intentions: Rita Denton  
Tuesday: 8:00 Jeffrey Kahn+  
Wednesday: 8:00 John Overgaard+  
Thursday: 8:00 Peter Ray Van Deusen+  
Friday: 8:00 Jack Robert Nelson+



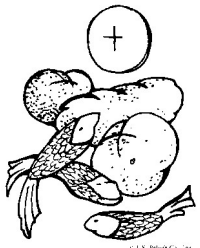
Please remember the sick in our Parish, especially Sarah Wren, Marian Flandick, James Breen, Janet Laurent, Mike Abell, Michael Carter, Anil Siu, Peggy Delson-Rini, Frank Rini and Cecilia Uyeda.



### ***Holy Father/Peter's Pence Collection!***

This weekend, June 21<sup>st</sup> and June 22<sup>nd</sup>, our Parish will participate in the Peter's Pence 2025 collection for the Works of the Holy Father. Each year, the Holy Father asks us to help him provide for our neediest brothers and sisters throughout the world -- those who suffer due to war, oppression and natural disasters. Join the Holy Father in this act of justice and kindness. Please pray for the Holy Father. Your generosity to this special appeal is greatly appreciated. Thank You!

### ***Today's Readings***



**First Reading** -- Melchizedek brought out bread and wine and blessed Abram (Genesis 14:18-20).

**Psalm** -- You are a priest forever, in the line of Melchizedek (Psalm 110).

**Second Reading** -- Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

**Gospel** -- Jesus spoke to the crowd about the kingdom of God and then fed them with five loaves and two fish (Luke 9:11b-17).

My Dear Brothers and Sisters,

This weekend, we celebrate the Feast of the Body and Blood of Christ, more commonly known as the Feast of Corpus Christi.

I have frequently shared with you the phrase, "Jesus came to remind us of who we are and who we are called to be." Sin, fear, doubt and confusion make us blind to our true nature. Jesus came to help us recover our sight and to give us much needed insight.

"While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, 'Take this, all of you, and eat it: this is my body which will be given up for you.'

When supper was ended he took the cup...and said: 'Take this, all of you, and drink from it: this is the cup of my blood, the blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven.'"

When we gather as a Faith Community to celebrate the Eucharist, we are acknowledging who we are: The Body of Christ. But, we are also admitting that, without the continual guidance that only Jesus can provide, we are susceptible to amnesia.

We believe that the more we participate in Jesus' salvific act of self-sacrifice, the Mass, the closer we come to realizing who we truly are: The Body of Christ.

As Catholic Christians, we remind ourselves of this fact every day of the year. As members of this Faith Community, we are doubly blessed because the name of our Church also reminds us of who we are.

***HAPPY FEAST DAY CORPUS CHRISTI!***

*Love, Fr. Leo*

### ***The Eucharist!***

Just as the bread, which is made from the earth, when God is invoked is no longer common bread but the Eucharist, both earthly and heavenly, so our bodies, after we have received the Eucharist, are no longer corruptible, since they hold the hope of the resurrection.

-- St. Irenaeus



### Summer Food Drive!

The Corpus Christi Summer Food Drive has begun. Our support of the Alameda County Community Food Bank (ACCFB) is more important than ever. One in four residents in our community is experiencing or is at-risk of hunger. The Living Our Faith Ministry has set an ambitious goal of raising \$15,000 for ACCFB by mid-August. We have already raised nearly \$5,000 in our previous food drives this year, so we're one-third of the way toward reaching this goal! The Summer Food Drive started on June 1<sup>st</sup> and will continue until August 3<sup>rd</sup>. You may participate using any one (or more) of the following three methods:

\* Donate online at: [donate.accfb.org/vfd/Alameda-County](https://donate.accfb.org/vfd/Alameda-County). Enter Group #6434475 in the Search field to be directed to the Corpus Christi Fundraiser page for ACCFB.

\* Donate non-perishable food items and place them in the 2 large food barrels in the Gibson Center or in the designated baskets in the Church.

The Living Our Faith Ministry and the Corpus Christi Family appreciate your generous response to this tremendous need in our community!

### Retreat to Strengthen Your Prayer Life!

Ann Naffziger, MDiv, MA, will be co-leading a retreat at San Damiano Retreat House in Danville on Sunday, June 29<sup>th</sup>, to Friday, July 4<sup>th</sup>. This is a great opportunity to reconnect with God, rest, find healing or explore new methods of prayer. For more information or to register, go to: <https://sandamiano.org/events/6-days-silent-retreat-following-the-footprints-of-contemplative-prayer/>.

### Appreciating the Eucharist!

For centuries, today's feast was called Corpus Christi (the Body of Christ) and was observed on the Thursday after Trinity Sunday. In many countries it has now been moved to Sunday so that more people may participate in its celebration. In its present form, the liturgy of this day focuses our attention on the meaning of the Eucharist that we celebrate so often. Today's reading from Genesis tells how "Melchizedek, king of Salem, brought out bread and wine" and prayed over Abram. Though it took place nearly two thousand years before Jesus, this event has long been used by the Church as an ancient foreshadowing of the Eucharist. The reading from Paul's Letter to the Corinthians is the same one we hear proclaimed on Holy Thursday, retelling the story of the first blessing and sharing of bread and wine at the Last Supper. Luke's tale of the miraculous feeding of the crowd in today's Gospel is also clearly intended to evoke the Eucharist. Thus, today's readings give us three opportunities to deepen our appreciation of the Body and Blood of Christ.

### Readings For The Week June 23<sup>rd</sup> -- 28<sup>th</sup>

Monday: First Reading Genesis 12:1-9;  
Psalm 33;  
Gospel Matthew 7:1-5

Tuesday: First Reading Isaiah 49:1-6;  
Psalm 139;  
Second Reading Acts 13:22-26;  
Gospel Luke 1:57-66, 80

Wednesday: First Reading Genesis 15:1-12, 17-18;  
Psalm 105;  
Gospel Matthew 7:15-20

Thursday: First Reading Genesis 16:1-12, 15-16;  
Psalm 106;  
Gospel Matthew 7:21-29


Friday: First Reading Ezekiel 34:11-16;  
Psalm 23;  
Second Reading Romans 5:5b-11;  
Gospel Luke 15:3-7

Saturday: First Reading Genesis 18:1-15;  
Psalm Luke 1:46-47, 48-49, 50 & 53, 54-55;  
Gospel Matthew 8:5-17

### Treasures From Our Tradition!

We owe today's beautiful feast to a valiant woman who suffered a great deal to establish a feast out of her love for the Eucharist. Juliana was a nun in Belgium in the thirteenth century. She served in a hospital for lepers. She became convinced through her prayers that the liturgical year was incomplete because it had no feast for the Eucharist. Her efforts were not welcome, and a supervising priest sought to punish her for promoting a feast that "nobody wanted." He even had her accused of financial mismanagement and banished her from her convent.

Shortly after she was exiled, the bishop approved the feast. It quickly spread through Europe. In those days, people very seldom received Holy Communion, and so the processions through the streets with the Eucharistic bread not only led to an awareness of Christ's hunger to be with us, but prepared the way for a deeper desire to receive Christ's Body and Blood in more frequent Communion. The feast grew rapidly, but Juliana disappeared into poverty and a hidden life. She ended her days as an " anchoress," a woman living in seclusion in a room attached to a parish church. Imagine her delight at seeing us gathered at the table of the Lord on this day, aware of Christ's presence in our midst, sharing fully in Christ's Body and Blood. Our celebration today invests her struggle and sorrows with dignity and meaning.



**Summer!**

In summer, the song sings itself!

-- William Carlos Williams