

Fourth Sunday in Ordinary Time

February 1, 2026

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."

-- Matthew 5:3



Week of February 2nd – 6th

Monday: 8:00 Jesus Panis+
Tuesday: 8:00 Lorraine Heinemann+
Wednesday: 8:00 Owen & Zelda Burns+
Thursday: 8:00 Charles & Bernadene Elsenius+
Friday: 8:00 Special Intentions



Please remember the sick in our Parish, especially Linda Peng, Georgia Pontoniere, Dan McDonald, Lisa Wemple, Sarah Wren, Marian Flandick, James Breen, Janet Laurent, Anil Siu, Peggy Delson-Rini, Frank Rini and Cecilia Uyeda.

Weekly Collections	
Plate January 18 th	\$9,686.00
Assessment	\$2,875.00

Please Note:

Remember to make **all checks** payable to Corpus Christi Church. And, indicate in the Memo line what the check is for. Thank you for your cooperation!

2025 Contributions

The 2025 contribution records will be available soon. They are scheduled to be mailed to parishioners who contributed \$250.00 or more during 2025. If you did not contribute \$250.00 and would like to receive a statement, please call the Parish Office and request a copy. Thank You!

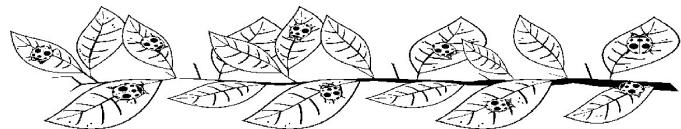


The Parish Family of Corpus Christi has been increased and enriched through the recent baptism of:

Paul Francis Toothman, son of Patricia Nevers and Henry Toothman.

Welcome to Our Family

Congratulations to the proud parents from all of us!



My Dear Brothers and Sisters,

One of the great joys of my ministry is that it affords me the opportunity to meet with most of the young people of our Parish on a regular basis. During the next two months, I hope to meet with all of the children and teens who attend our Parish School or participate in our Religious Education programs. The primary subject of these sessions will be the Mass. I want to explain to them how the Mass is structured and why we celebrate it the way we do. We will examine the theological principles that shape our understanding of the Liturgy. My hope is that, through discussion and participation, our children will come to better appreciate the rich religious significance of the Mass.

In some ways, our young parishioners have an advantage over those of us who grew up in the Church before the Second Vatican Council. We were given a different understanding of the Mass. What we were taught was not wrong, but it was a reflection of a theological perspective that emphasized the sacrificial dimension of the Liturgy. Our understanding of the Mass focused on the fact that Jesus sacrificed his life to free us from the power of sin.

Many of our children would describe the Mass as an experience of Jesus' love for us; their focus is more celebratory. In reality, the Mass is both a sacrifice and a celebration. But, it is difficult to keep these two perspectives in balance. Our task is to try to appreciate the Liturgy in all its dimensions. We are called to be respectful of our past and present understandings of the Mass.

Love, Fr. Leo

God's Ways!

If we itemized the top eight things that bring us happiness, what items might show up on the list? A hefty bank account? A Caribbean cruise or African safari? A shopping mall marathon? Season tickets for the hometown team? A new car? If we already have some of these things, most likely we know they don't bring us true happiness. Fact is, they probably bring us more aggravation -- items to return or repair, one more object for people to argue over. Today's scriptures point us toward the things that bring us true joy. The words of all three passages conflict with our society's conviction that fortune, fame and power are the sought-after treasures of life. God's ways are not the ways of our popular culture, after all, and today's readings help point us in the right direction.

Valentine's Potluck!

The Hospitality Committee and the Men's Club are joining forces once again to host a Valentine-themed Potluck. Please go ahead and mark your calendar for **Saturday, February 14th**! We will be kicking things off right after the 5:00 p.m. Mass in the Gibson Center. It's always such a fun opportunity to connect and share some amazing homemade dishes. So, feel free to bring along your favorite culinary creation to add to the spread. There will also be a free-will donation basket for those who don't have the time to cook. Hope to see you there!

Women in God's Spirit (WINGS)!

WINGS is a group of women from many parishes who seek to deepen their faith and grow in their relationship with God and one another. Gatherings are held on Wednesdays from 9:00 to 11:15 a.m. in the Meeting Rooms at St. Theresa's, 30 Mandalay Blvd. in Oakland. Contact Dee McDonough at: deesigns@comcast.net.

Feast of Faith -- I Confess!

One form of the penitential rite at the beginning of Mass is the traditional *Confiteor*, or "I confess," a prayer that was formerly prayed by the priest alone at the foot of the altar, but which is now prayed by the entire assembly. The *Confiteor* is at once personal -- "I confess" -- communal, prayed aloud, together. We recognize that sin does not just separate us from God; sin comes between us and others, isolating us. We acknowledge that sin has many dimensions, individual and communal: sins of thought, sins of speech, sins of action, sins of omission. Sin is not something that happens to us; sin is something we do. In the *Confiteor*, we take responsibility for our own actions. The repeated insistence on our "fault," with the ritual gesture of striking the breast, an ancient sign of penitence, is not meant to lower our self-esteem. Rather, it acknowledges our human instinct to transfer the blame whenever we can ("The devil made me do it!") This prayer stops us short. We take responsibility for ourselves, our actions, our failure to act. Then, we cry out to God in those ancient words, *Kyrie, eleison* -- Lord, have mercy. For the sinner who repents, there is mercy. This truth is at the heart of our faith and it is where the Mass, our feast of faith, begins.

Today's Readings

First Reading -- You humble of the land, seek justice and humility, and the Lord will be your protection (Zephaniah 2:3; 3:12-13).

Psalm -- Blessed are the poor in spirit; the kingdom of heaven is theirs! (Psalm 146).

Second Reading -- God chose the weak of the world, those who count for nothing, so that whoever boasts should boast in the Lord (1 Corinthians 1:26-31).

Gospel -- Jesus taught from the mountain: Blessed are the poor in spirit (Matthew 5:1-12a).



Readings For The Week

February 2nd -- 7th

Monday: First Reading Malachi 3:1-4;
Psalm 24;
Second Reading Hebrews 2:14-18;
Gospel Luke 2:22-40

Tuesday: First Reading 2 Samuel 18:9-10, 14b, 24-25a;
Psalm 86;
Gospel Mark 5:21-43

Wednesday: First Reading 2 Samuel 24:2, 9-17;
Psalm 32;
Gospel Mark 6:1-6

Thursday: First Reading 1 Kings 2:1-4, 10-12;
Responsorial Psalm 1 Chronicles 29:10;
Gospel Mark 6:7-13

Friday: First Reading Sirach 47:2-11;
Psalm 18;
Gospel Mark 6:14-29

Saturday: First Reading 1 Kings 3:4-13;
Psalm 119;
Gospel Mark 6:30-34

Upcoming Silent Retreat!

Former RCIA Director Ann Naffziger will be co-leading a silent retreat at San Damiano Retreat House in Danville from February 15th to 18th entitled, "A Journey Into Contemplative Practice." There will be introductions to various contemplative practices, many (optional) prayer sessions, plus music by a world-renowned Celtic harpist, as well as optional meetings with a spiritual director. The entire retreat will be in full silence and you will have freedom to have as much time and space by yourself as desired. Go to: <https://sandaniano.org/events/silent-retreat-a-journey-into-contemplative-practice/> for more information or to register, contact Ann at: ann@pastoral.center with any questions.

Please Note!

Corpus Christi School is continuing to update their Family, Friends and Alumni information. Please send your current contact information, including email address, to: development@corpuschristischool.com. Thank you.

Altar!

Everywhere, wherever you may find yourself, you can set up an altar to God in your mind by means of prayer.

-- *The Way of a Pilgrim*